



CBD is popping up everywhere! Your (friend, neighbor, cousin, mechanic, hairdresser, etc.) are all talking about it- some may even be taking it themselves!

**Do you want to know more, but don't know where to get reliable, accurate, information about CBD?**

Lisa Zochert, owner of Aroma Centered, is a Certified Integrative Aromatherapist. She will be sharing researched information to help you determine with your Doctor and/or Pharmacist if CBD may be an appropriate option for you.

We will talk about the legality of taking CBD, how to assure you are buying good quality products, how to read labels and more.

There is a \$10 per person fee that can be applied to any CBD purchases you may decide to make the day of the event.

Although there will be several brands of CBD on the premises should you wish to, there is no pressure to buy. The goal of the class is to help you become a more informed consumer/advocate for your health.

**Please be sure to RSVP so enough literature and samples will be available for everyone.**

**THURSDAY, SEPTEMBER 19, 2019  
6 PM - 7:30 PM**

**LAMMSCAPES!  
2708 SHERMAN RD  
JACKSON, WISCONSIN 53037**